

LCC Varsity Girls Top Ten 2010

EVENT	1	2	3	4	5	6	7	8	9	10
200 Medley Relay	5/22/2010 1:46.94 Stipe, M Nagy, K Stewart, K Knight, S	3/16/2010 1:49.30 Fontaine, K Nagy, K Stewart, K Stipe, M	5/24/2002 1:51.45 Vrieze, A Going, L King, M Landreth, L	5/23/2009 1:51.54 Gonzalez, M Nagy, K Stewart, K Fontaine, K	5/16/2000 1:54.88 Hamilton, K Quackenbush Going, L Holnagel, K	5/2003 1:56.08 Landreth, R Going, L Adams, L Holnagel, K	5/15/2002 1:58.49 King, M Quackenbush Going, L Holnagel, K	5/2000 2:00.46 King, M Quackenbush Felson, A Raphael, K	5/19/2004 2:00.52 Pursehouse, K Scarski, A Ardecky, L Adams, L	5/5/2005 2:00.64 Pursehouse, K Brabyn, J Adams, L DeMichele, J
200 Free	5/19/2003 1:53.32 Tracy, J	3/16/2010 1:53.39 Stipe, M	5/13/2006 1:56.13 DeMichele, J	5/22/2010 1:56.56 Knight, S	3/30/2010 1:56.69 Stewart, K	5/19/2010 2:00.28 Bennett, Hayley	4/1/2010 2:01.43 Lawson, K	1997 2:01.89 Stone, S	5/18/2002 2:02.15 Sanchez, B	5/2004 2:02.55 Guss, D
200 IM	3/20/2010 2:02.75 Stewart, K	5/11/2002 2:11.70 Going, L	5/15/2002 2:12.78 Quackenbush	5/21/2009 2:14.89 Nagy, K	5/6/2006 2:15.36 DeMichele, J	5/15/2001 2:17.08 King, M	5/19/2003 2:18.69 Scarski, A	5/2004 2:18.72 Tracy, J	5/1997 2:18.86 McDaniel, A	5/19/2010 2:18.97 Lutz, E
50 Free	5/22/2010 23.63AACIF Stipe, M	5/19/2003 25.02 Adams, L	5/19/2010 25.03 Lawson, K	3/20/2010 25.81 Knight, S	5/1/1997 26.10 Collins, C	5/19/2010 26.40 Sedghi, N	4/3/2000 26.45 Holnagel, K	4/1/1998 26.81 Siemenczuk, A	5/10/2008 26.83 Kelly, M	5/17/2006 26.97 DeMichele, J
100 Fly	5/22/2010 52.43AAD1 Stewart, K	3/30/2010 59.54 Stipe, M	5/1999 1:00.32 Quackenbush	5/18/2002 1:00.52 Vrieze, A	4/7/2000 1:00.55 Going, L	5/19/2003 1:01.56 Sanchez, B	3/30/2007 1:01.87 DeMichele, J	5/5/2005 1:02.15 Adams, L	1997 1:03.07 Graf, A	4/15/2010 1:03.45 Nagy, K
100 Free	5/22/2010 51.48AA Stipe, M	4/27/2010 53.58 Stewart, K	5/19/2003 54.71 Adams, L	5/22/2010 55.40 Bennett, H	5/19/2010 55.55 Lawson, K	5/4/2004 55.95 Tracy, J	3/20/2010 56.28 Knight, S	5/16/2000 56.74 Landreth, R	5/8/2009 56.93 Nagy, K	5/6/2006 57.06 DeMichele, J
500 Free	5/20/2006 5:01.63AA DeMichele, J	5/19/2003 0.003526273 Tracy, J	1997 5:05.07 Graf, A	5/18/2002 5:07.99 Going, L	5/18/2002 5:11.18 Sanchez, B	5/19/2010 5:14.10 Knight, S	5/8/2009 5:19.79 Stewart, K	4/20/2010 5:22.35 Lawson, K	5/23/2009 5:22.90 Fontaine, K	5/19/2004 5:24.76 Guss, D
200 Free Relay	3/16/2010 1:41.59 Knight, S Bennett, H Lawson, K Stipe, M	5/22/2010 1:42.02 Fontaine, K Nagy, K Sedghi, N Bennett, H	3/20/2010 1:43.42 Knight, S Sedghi, N Bennett, H Stipe, M	5/19/2003 1:44.29 Tracy, J Going, L Sanchez, B Holnagel, K	5/15/2001 1:45.77 Tracy, J Raphael, K Holnagel, K Going, L	5/5/2005 1:46.22 Pursehouse, K Wright, M Adams, L DeMichele, J	5/13/2000 1:47.16 Holnagel, K Landreth, R Raphael, K Going, L	3/7/2003 1:47.69 Adams, L Guss, D Sanchez, B Going, L	5/1997 1:48.99 Graf, A Stone, S Siemenczuk, A Collins, C	5/1/2004 1:49.29 Ardecky, L Sanchez, B Guss, D Tracy, J
100 Back	5/22/2010 54.89AAD1 Stewart, K	5/18/2002 57.40AACIF Vrieze, A	3/30/2010 58.13 Stipe, M	5/1997 59.87CIF Graf, A	5/22/2010 1:01.73 Fontaine, K	4/1998 1:01.88 Quackenbush	3/20/2010 1:02.72 Lutz, E	3/28/2006 1:02.76 DeMichele, J	5/18/2002 1:02.82 King, M	5/19/2003 1:03.37 Landreth, R
100 Breast	5/22/2010 1:07.34 Nagy, K	5/5/2010 1:08.97 Stewart, K	5/15/2001 1:10.16 Going, L	5/13/2000 1:10.32 Quackenbush	5/12/2010 1:10.45 Sedghi, N	1997 1:11.05 Siemenczuk, A	1997 1:12.68 Stone, S	5/17/2007 1:14.21 Brabyn, J	4/15/2010 1:14.67 Stipe, M	5/4/2004 1:15.00 Ardecky, L
400 Free Relay	5/22/2010 3:32.17AA Knight, S Fontaine, K Stipe, M Stewart, K	5/19/2003 3:42.76 Landreth, R Scarski, A Tracy, J Adams, L	3/16/2010 3.44.70 Fontaine, K Nagy, K Knight, S Stewart, K	5/11/2002 3:46.60 Tracy, J Landreth, R Sanchez, B Adams, L	3/20/2010 3:47.42 Fontaine, K Knight, S Bennett, H Stewart, K	5/23/2009 3:47.66 Fontaine, K Gonzalez, M Nagy, K Stewart, K	5/4/2004 3:48.28 Sanchez, B Scarski, A Tracy, J Adams, L	5/16/2000 3:48.51 Landreth, R King, M Going, L Quackenbush	5/15/2001 3:51.37 Sanchez, B King, M Hamilton, K Tracy, J	5/13/2000 3:53.12 Landreth, R Quackenbush King, M Hamilton, K
Diving	1998 450.10CIF Ducas, K	5/19/2003 381.4CIF McArdle, K	5/12/2008 364.1 Benner, K	5/12/2006 306.1 Ardecky, J	5/13/2000 256.80 Davis, T	5/16/2000 233.40 Machado, N	4/3/2009 216.45 Kurz, M			
LCC Varsity Girls	2010 CIF 2nd League 2nd	2009 CIF 6th League 3rd	2008 CIF 17th League 6th	2007 CIF 15th League 6th	2006 CIF 15th League 6th	2005 CIF 10th League 6th	2004 CIF 7th League 3rd	2003 CIF 5th League 3rd	2002 CIF 2nd League Champ	